

A Model for Strategic Planning of Sustainable Urban Transport in Scandinavia - A Case Study of Uppsala

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Abstract

Growing populations and car traffic in cities pose challenges to city planners in the form of increased congestion on roads and demand for parking, crowding in public transport and more car traffic and may also affect safety and comfort in infrastructure for cycling. Current Scandinavian transport planning models do not handle these factors and solutions currently appear distant as good data is largely lacking. This paper reports tests with the HUT-model using simplified representations of these dimensions, intended for use in strategic transport planning with focus on cities applied to the city of Uppsala. The model also estimates costs for investment and operation of infrastructure, public transport and social costs for environmental effects and public funds. The tests suggest that these dimensions may have significant effects on transport demand and hence on transport planning. The results indicate that higher parking fees and more central location of new housing may be effective in reducing car traffic and increasing the mode shares of walking, cycling and public transport in Uppsala. Even stronger effects are reported for a package of instruments. Consequently, public costs for these policies are estimated to be about 25 percent lower than for the reference scenario. In contrast increases in supply, lower charges, or concentration of the capacity to bus

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trunk lines with increased speeds have smaller effects on mode shares. Increased supply and lower charges are costly to the public purse, whereas the trunk line policy has somewhat lower costs. The central conclusion is that results appear to be plausible and the model useful to planners.

Keywords: demand model, transport, policy instrument, cost, sustainable, urban, land use, parking, public transport fare, frequency, trunk bus, cycling

JEL Codes: R14, R41, R48, R52

These can be found at: <u>http://www.aeaweb.org/jel/jel_class_system.php#Y</u>

1 INTRODUCTION

Growing populations and increases in car traffic in cities poses major challenges for city planners (e.g. McIntosh et al. 2014, Echenique et al. 2012, Cervero and Murakami 2010). High levels of car traffic create large costs in terms of congested streets. Car users switching to other modes create crowding in public transport and discomfort for pedestrians and cyclists. In addition, continuously growing car transport fueled by petrol and diesel call for policy instruments that can reduce carbon emissions. These challenges are also reflected in the policy objectives formulated by cities and national governments. Both Norway and Sweden have formulated ambitions that imply improving public transport and reducing carbon emissions¹. The search for policy instruments to reduce car dependence and improve alternative means of transport calls for comparisons of different policy instruments and packages of instruments.

A problem for urban transport planning that is being increasingly recognized is that some important evolving dimensions of urban transport are not fully captured in the current Swedish (SAMPERS) and Norwegian (RTM) transport demand models used for urban transport planning (Jonsson et al 2011, Norheim m.fl. 2012, Tørset m.fl. 2012 and Trafikverket² 2015). These dimensions are: congestion in streets, supply and demand for parking, crowding in public transport vehicles and other spaces (platforms, terminals etc.) and the determinants of demand for walking and cycling. Current Swedish and Norwegian planning models do not or only partially represent these phenomena. A recent report commissioned by Statens vegvesen vegdirektoratets (SVV) (Fearnley m.fl. 2015) discusses how these factors influences demand but argues that these factors should be kept out of the demand models, mainly because it would be difficult to quantify their magnitude and effects.

To the extent that future road congestion is not fully represented, future demand for road transport will be overestimated. For the same reason, future demand for public transport, walking and cycling will be underestimated. Similarly, not taking future crowding in public transport into account will lead to overestimation of the attractiveness of public transport. A further consequence is that the effects of improvements in terms of less congestion or crowding will not be captured. The same is true of improvements in infrastructure for walking and cycling.

There are at least three conceivable reasons for these shortcomings. First, although it is obvious that congestion and crowding constitute substantial problems, at least in the larger cities, these problems vary considerably in time and space and may have increased without attracting much attention. In smaller cities, the congestion and crowding can also be present but the magnitudes are not readily observed and may not be obviously significant. Second, expanding the current demand models to cover these phenomena is likely to pose considerable challenges (Jonsson et al 2011). Introducing endogenous factors in the demand model where the valuations depend on how many travelers are using a link or vehicle is likely to be costly, because this creates a need to iterate the demand

¹ *Meld. St. 21 (2011–2012) Norsk klimapolitikk* for Norway and SOU 2016:21 *Ett klimatpolitiskt ramverk för Sverige* for Sweden

² Trafikverket, the Swedish agency for road and rail transport infrastructure *Swedish Transport Administration*.

calculations. For delays, congestion and crowding, which are likely to be highly non-linear this will create unstable equilibria and require long calculation times and it may even be difficult to achieve convergence. Thirdly, a deeper study of these phenomena would require considerable quantities of new data in order for analysts to be able to ascertain the possibility to map and assess congestion and crowding correctly.

The objective of this paper is to apply the HUT-model (Betanzo et al. 2016) for analyzing the different policy instruments for shifting demand for passenger transport in a sustainable direction. The paper also discusses the potential and current limitations of using the HUT-model for strategic urban transport planning in Scandinavia. This model is intended as a simpler and faster model, than the much more detailed national personal transport demand models in Sweden and Norway, for doing sketch analyses of alternative strategies. This is done by working at higher levels of aggregation and sometimes by representing behavior with averages. This model is not intended as a substitute to the more detailed demand models, but rather as a complement. The HUT model is applied to Uppsala to demonstrate how the effectiveness and costs of different policy instruments for improved sustainability can be analyzed. Uppsala is Sweden's fourth largest city with fast growing population. In 2010 the city had a population of about 140 000 whereas the municipality had about 198 000.

The goals for city development are often associated with the idea of sustainability (Stockholm 2013). The concept of sustainability covers several dimensions. In the context of transport sustainability, it is strongly associated with less greenhouse gas emissions. This is frequently assumed to imply a need for radical reductions of the use of private cars and increases in the supply of public transport (Swedish Parliament 2014). Economic sustainability can also be interpreted in terms of an acceptable rate of growth, allowing for new social needs to be fulfilled. This goal will imply a high priority for economic efficiency. Economic efficiency in this context will imply using socially efficient (and hence cost efficient) policy instruments. Social sustainability entails a community where all citizens can reach reasonable income, social and commercial services. This reflects a distributional goal, in the sense that if markets do not spontaneously deliver a fair distribution of living standards and transport services then policy measures are required.

The intended policy instruments targeted for analysis in Uppsala with the HUTmodel here are: changes in the level and extension of parking fees, higher frequencies of bus supply, concentration of supply to trunk bus routes and denser planning of housing and cycle infrastructure. An important feature in the HUTmodel is the cost module allowing a schematic calculation of investment and operating costs for infrastructure and public transport.

The goal to reduce greenhouse gas emissions is an important motive for restructuring urban transport. This goal can motivate a wide variety of measures from increases in fuel taxes, introducing taxes on congestion, subsidizing less carbon emitting vehicles and subsidizing public transport supply. The goal to reduce congestion and crowding can also motivate a variety of measures. Historically, this has mostly implied expanding road capacity. As capacity becomes increasingly, and in some cases prohibitively costly, decision makers are also likely to turn to pricing of capacity. Time- and place-differentiated congestion taxes and public transport fares are two possible examples. Expanded

and redesigned public transport supply is a second strategy, with trunk bus routes or Bus Rapid Transit (BRT) as possible candidates.

This growth of cities leads to increased use of public amenities like roads, public transport, cycle paths and walkways. Increases in income have led to significant increases and differentiation in the valuation of travel and delay time (e.g. Börjesson and Eliasson 2014), but also of the multiplier used for evaluating travelling in crowded public transport vehicles (Björklund and Swärdh 2016). A further component in current development is that the faster relative growth of costs for investment and operation of infrastructure and public transport than the consumer price index would suggest future demands for a more efficient use of existing capacity. An obvious application would be differentiating prices with respect to time and place so that highly used capacity would be priced higher.

Many strategies are possible for coping with increased demand for transport and the need to reduce carbon emissions. Urban planners and economists suggest pricing externalities (Anas et al. 1998). This would preferably mean pricing congestion, implying, pricing of roads and parking. In addition, municipalities can use environmental charges like charges for spiked tires.

When pricing road congestion, some travelers will switch to public transport. If capacity utilization in public transport is also high and over the limit for crowding, then a differentiation of public transport fares can be considered.

Independently of congestion, the public transport authority may consider concentration of the route net to smaller number of routes and measures to speed up buses. These measures may require restructuring the route net or the number of bus stops, adapting infrastructure like streets, introducing or adjusting bus lanes and signal priority.

A further option is integrating transport considerations in city planning. In the present analysis, the question is formulated as to what extent new housing and office space are planned centrally or close to public transport will have an impact on car use and hence congestion and the demand for substitutes (public transport, walking and cycling).

This paper is organized as follows. A second section introduces the HUT-model. The third section presents the calibrated passenger transport in Uppsala for 2010 and the national passenger transport forecast for 2030 used as a reference case for the analysis of the policy instruments. The fourth section presents the effects of six policy instruments and a package of instruments. The fourth discusses the results and the sixth finally, concludes.

2 METHODS FOR HANDLING QUALITY EFFECTS IN CURRENT MODELS AND IN HUT-MODEL

The HUT-model approach includes three key elements.

- Local time valuations and a possibility to extend the differentiation to different local valuations of time for different groups, including delays, waiting times and crowding.
- Assumptions about the capacity for parking and its pricing, the valuation of congestion and crowding, how new inhabitants in a zone behave, the demand response of increasing speed of bus trunk lines and the effects of improved infrastructure for cycling.
- A model for calculating infrastructure costs and social costs for air pollution and taxes.

The basic information used are aggregated flows of persons to and from each zone for each mode for peak and off-peak. These are taken from the national demand model. This implies dropping information on the flows on individual links and the corresponding variations over the day. In this way variations in amount of congestion between links and over time are not taken into account, as there will be considerable uncertainty on the flow on individual links. But, nevertheless, the predictive ability of this rough model is expected to be better than without these mechanisms.

The effect calculations start with the aggregated flows to and from each zone for each mode as well as the average travel and waiting times from the national demand model. These are combined with of average valuations of generalized travel time components. For components for which model calculations are available (travel time and waiting time) these are used. For unobserved variables like delays and valuation of congestion or crowding these are collected in terms of average values from the individual time value studies for each city. For Uppsala estimates from Eriksson et al. (2014) are used, which shows lower time values for Uppsala than the national average values³.

These effects in generalized costs are weighted with their relative size in generalized travel costs, measured by the values from the local time value studies and used together with elasticity with respect to price changes. In this way calculating new network assignment can be avoided, which also reduces calculation times. Skipping network assignment, however, comes at a cost. This cost is that the calculations do not contain long term adaption to new equilibrium travel times. The results should rather be interpreted as a direct effect. If an increase in frequency on a bus trunk line leads passengers to walk further to reach the trunk line, the longer walking time will not be included in the model. If accessibility measure also makes previous car users shift to bus this will reduce congestion in streets. Another example could be an improvement in public transport supply leading car users to switch to public transport. The reduction in travel times due to less car trips and therefore less congestion is not included in the HUT-model.

³ Uppsala's time value is 27 SEK per hour, compared to 87 and 59 SEK for work trips and other trips respectively in the official transport calculation value handbook ASEK 5.

2.1 Variation in values of time

SAMPERS and RTM use three different time valuations. The implicit time valuations in the demand step of the nested demand model, the implicit time valuations in the route choice step and finally, the cost benefit-valuations used to evaluate alternatives. This means that for one particular trip in a model, three different time values may be used that are not be even close to each other.

For the HUT-model, Urbanet has done a number of value of time surveys in Norwegian and in a few Swedish cities (Ellis and Øvrum 2014 for Norway and Eriksson et al 2014 for Uppsala in Sweden). These value of time studies produced a considerable variation in time values. An implication is that in cities with high time valuations, speed increases in public transport are more likely to be socially desirable, than in cities with low time valuations and consequently in the cities with higher time valuations the response to increased speed will be larger demand increases.

2.2 Road congestion

The current transport models SAMPERS and RTM use predicted vehicle flows and volume-delay functions for link flows to calculate speeds on links. If the projected speed is lower than the free flow speed a new demand estimation can be calculated. This is again used to together with a volume-delay function to calculate a new speed etc. Among other flaws, this method has the disadvantage that it is not able to represent queues propagating from intersections. As a consequence, the method may underestimate expected congestion and the corresponding delays.

For the congestion taxes in Stockholm and Gothenburg extensive work has been done for modelling and validating link flows and congestion with SAMPERS (Börjesson and Kristoffersson 2015). These modelling efforts have not, as far as we know, resulted in standardized methods for calculating congestion in Sweden. In this project we have use the flows and delays as calculated by SAMPERS for the reference scenario 2030. These delays are valued approximating the valuations of delays from the survey of public transport users.

As discussed there are no other standardized methods for an adequate handling of congestion. Neither are there publicly available data on congestion. Tomtom (2016), however, produced a congestion index that includes Uppsala. This is used to roughly estimate congestion in Uppsala for 2030 in a sensitivity analysis.

2.3 Parking and fees

In most Scandinavian cities, little effort is spent to represent the number of parking places, the parking fees or the demand for parking at different locations. With better understanding of prices and demand and its variation over time, parking fees could be adjusted to reflect the marginal cost of land use or scarcity of parking. As far as we know, no attempts have been made to analyze increased parking fees in Uppsala or the historical effects on demand for parking when the city increased its parking fees.

For Uppsala, maps and price data were collected for the municipally owned parking places. In the policy experiment with the HUT-model all previously unpriced endpoints for car travel were associated with a parking fee within the city

boundaries. In the parts of the city with the highest parking fees these were raised. The response from car users was calculated by using a weighted elasticity for time costs.

2.4 Densification

In Trafikverket's (2014) reference scenario a population forecast from Statistics Sweden is used. This aggregate forecast is broken down to SAMS-area⁴ level. This population forecast requires that housing will be "supplied" corresponding to population growth. This process of providing housing is not represented in neither the macro models nor in the transport models. The transport planning model therefore does not represent a full endogenous adaption of choice of residential area and place of employment.

The purpose of the "densification scenario" is to estimate the effects on transport demand of more centrally located population in Uppsala municipality, by simply assuming that the population growth forecasted by Statistics Sweden for 2030 will be inhabiting the innermost six zones or in five more peripheral zones. This is also done without modelling how housing could or should be provided.

If such a process would take place this would have effects on relative prices of land, housing and other real estate that would sort the population differently. Such effects are also disregarded and the new inhabitants in a zone are assumed to "adopt" the same preferences as the existing inhabitants. Some studies suggest that some such adaptation occurs (Cao et al 2007).

2.5 Crowding

In the current Swedish and Norwegian national demand models crowding in public transport is not represented. An effort to represent crowding would require reasonably reliable data on the variations over time in and between vehicles. Such data are today only partly available. The current HUT-model uses subjectively assessed crowding and delay valuations from public transport users answering a survey.

In the scenario for an improved bus trunk system it is assumed that crowding and delays are eliminated. In the scenario for a doubled frequency it is assumed that waiting times are halved and that the share of bus passengers standing is also halved compared to the reference scenario. This effect may both be larger and smaller. We have wanted to be cautious and therefore limited the assumption to a reduction of standing to half the initial number. In the scenario *halved public transport fares* demand increases substantially. This is likely to increase crowding and delay costs unless the public transport authority increases supply. This effect is not represented by the HUT-model.

2.6 Cycle infrastructure

The roads usable for cycling in cities are heterogeneous. Two similarly looking streets may have very different car and cycling traffic flows and consequently cyclist's subjective valuations of the safety and comfort of the street may vary considerably between the two streets. Adjusting cycle infrastructure, either by widening the space designated for cyclists or by physical separation from cars

⁴ This is the smallest area type for which Statistics Sweden produces demographic data.

and pedestrians, may be perceived as an improvement in a busy street but having no effect in a quiet street. Hence the differences in effects on the demand for cycling can be expected to be large. Current national demand models of cycle amenities do not have the ambition to represent differences in valuation due to traffic intensity.

The current HUT-model assumes that an increase of the share of built cycle paths will generate an increase in the demand for cycling with an elasticity of 0,58 (Katz 1996). This is not intended as a realistic assessment of a possible response, rather as an illustration of what could happen if cycle demand is responsive to appropriate changes of the perceived quality of cycle infrastructure.

2.7 Costs

For each scenario, a schematic cost calculation is done. The calculated costs consist of two parts, financial costs for the public sector and further social cost. The financial costs are calculated based on standardized estimations of average cost for supplying and operating infrastructure and public transport. For roads, it is assumed that the municipality needs to expand road infrastructure when road transport increases. The same is assumed for cycle infrastructure. For this kind of expansion standardized costs are used. For public transport, bus costs according to the national guidelines for cost benefit analysis in the transport sector (ASEK 5) are used⁵. Further simplified estimates are calculated for the social costs of public funds and air pollution externalities from carbon dioxide, NOx and particulate matter are used.

If expanding road capacity is considered as a desirable and realistic solution, a schematic cost calculation for investments in increased road capacity in proportion to traffic growth can function as a reference alternative. This is the reference cost chosen here. If expanded roads is not realistic then careful calculations of the welfare effects from increased congestion is the preferred cost calculation. As we currently do not have reliable tools for calculating congestion effects this is a further argument for the first approach.

2.8 What is an economically efficient choice of policy instruments?

Consider the following idealized example. There are n different quantified goals N_i where i=1 to n. For each goal N_i there are m_j j=1 to J policy instruments. The outcome for each goal is denoted N_i Optimal cost efficient policy would be to choose a combination of m_1 to m_j to minimize

$$C = c (m_{11}, ..., m_{1J}, m_{21}, ...m_{2J}, ...m_{n1}, ..., m_{nJ})$$

s.t. $N_i \ge N_i$

This would imply choosing cost minimizing policy instrument combinations for all policy goals. In this example, there is no budget constraint. This will imply that the government is committed to finance whatever the costs will be for attaining the goals.

⁵ Unfortunately we do not have the corresponding numbers for Uppsala.

If the costs for obtaining funding for these policies are high, a situation may arise where the government will want to trade of the social benefits from goal attainment for each goal against the social costs of taxation represented by T. In this case the government also considers the welfare costs of taxation T. Such an optimization could be represented by

 $Max W = W (m_{11}, ..., m_{1J}, m_{21}, ...m_{2J}, ...m_{n1}, ..., m_{nJ}, T)$

s.t. $T \ge C(m_{11}, ..., m_{1J}, m_{21}, ...m_{2J}, ...m_{n1}, ..., m_{nJ})$

In this discussion, we are not looking for an optimal solution in this sense. Instead we bring forth the partial nature of the information accessible to planners using national demand models or the HUT-model. The estimations presented here are partial in the sense that only parts of the costs and parts of the benefits of influencing mode shares are represented.

3 CASE STUDY OF UPPSALA

3.1 Mode split in 2010

This part of the paper is based on a more elaborated report on the case study of Uppsala (Betanzo et al. 2016). For this analysis the national reference scenario for 2010 (Trafikverket 2014) and the city's travel survey from 2014 were used to calibrate the model for 2010. This calibration gives the following mode split for Uppsala.



Diagram 1 Mode shares within Uppsala 2010 (percent of trips)

Note that walking and cycling together represent more than 50 percent of trips within Uppsala⁶. By environmental standards these are sustainable forms of



transport.

This application of the HUT-model to Uppsala represents the city by 21 zones (Diagram 2). These zones typically contain more than one SAMS-area⁷. There are no directly collected data on road congestion in Uppsala. The calculations in SAMPERS for 2010 give an estimate that road trips on average are delayed by 0,76 percent compared to free flow. Tomtom (2016) state that they calculate the average delay in Uppsala in 2015 to be 23 percent of travel time in free flow. If this is correct, this observation supports the hypothesis that congestion will tend to be

Diagram 2 The Zone map of Uppsala

⁶ Uppsala is one of the most cycle using cities in Sweden. In a ranking of 58 Swedish city municipalities Uppsala has the seventh highest mode share for cycling (Spolander 2013).

⁷ A SAMS-area is the smallest geographical unit used by Statistics Sweden.

underestimated by SAMPERS.

In SAMPERS there is no representation of parking capacity and only a very rough representation of parking costs. This project did not have access to the supply of parking spaces in Uppsala but did have access to the pricing zones for street parking charged by the municipality. For parking, the modeling in HUT uses maps of Uppsala and these price zones to approximate the parking fees in 2010. It is further assumed that all parking within the zones is charged the same price as for parking in the municipalities parking spaces.

In the present study crowding in public transport vehicles in Uppsala are neither represented nor forecasted. Instead, an indirect representation is used by using the subjective estimates of valuation of crowding and delays from the local time value study (Eriksson et al. 2014). When the supply is increased, it is assumed that parts of the generalized cost for crowding and delays are eliminated.

To give a rough estimate of the prevalence of crowding in buses in Uppsala data from Uppsala public transport authority (UL) in the form of a sample of more than 55 000 bus departures from 2015 were used. This shows that in about 6 percent of the departures there is maximum occupation rate of more than 90 percent. Of course, this does not mean that only 6 percent experience crowding. Assuming that occupation is proportional to maximum occupancy it is estimated that about 12 percent of boarding passengers experience an occupation rate of more than 90 percent, and about 30 percent experience an occupation rate of more than 70 percent.

Uppsala has a cycle infrastructure map (Uppsala 2014). There is, however, little evidence on the relative desirability of improving individual cycle links.

3.2 Policy goals for the city of Uppsala

The policy goals for transport and urban development in Uppsala are formulated in several documents. For this description, the focus is on three main documents. The municipality rules over the development of land use and building and uses a planning process and plan documents for this purpose. We have used the overarching plan for land use (Översiktsplan, Uppsala 2010). For public transport the regional public transport authority is responsible for public transport plan (Trafikförsörjningsplan, Uppsala 2012). This plan is produced in cooperation with the municipality who has the option of funding additional public transport to what the region is prepared to fund. Finally, the municipality has presented a plan for improved cycle infrastructure (Handlingsplan för arbetet med cykeltrafik Uppsala 2014).

The most important goals are that:

- Uppsala county public transport authority has adopted the national goal of doubling public transport trips from 2006 to 2020.
- At least 50 percent of motorized trips within Uppsala should be served by public transport in 2030.
- Walking and cycling should constitute at least 40 percent of all passenger kilometers within Uppsala in 2030.
- Public transport must be fossil free by 2030.
- Uppsala primarily aims for increasing the density of a single center city.

According to Diagram 1 public transport served 22 percent of motorized trips in Uppsala. By this standard Uppsala appears to be far from reaching the goal for public transport of 50 percent in 2030. In 2010 Uppsala is, however, close to reaching the goal for walking and cycling in passenger kilometers, as their combined share is 39 percent (Diagram 3). This share however decreases to 33 percent in 2030 in Trafikverket's forecast.



Diagram 3 Mode shares in passenger kilometers within Uppsala 2010

3.3 The reference scenario to 2030 from the national infrastructure plan

Trafikverket's⁸ (2014) forecast for 2030 uses national scenarios produced for the government by the ministry of finance broken down to sectors by Konjunkturinstitutet (the National Institute of Economic Research NIER). These scenarios give aggregate trajectories for income, employment, population, production etc. These are in turn broken down geographically. Trafikverket (2014) use the disaggregate numbers to produce the growth of car ownership, car use and travel demand. In the analysis used here, a base scenario for 2030 was produced as a reference scenario which is used for the policy experiments. In the reference scenario to 2030 car trips within Uppsala are forecasted to grow by 42 percent, while public transport stagnates, walking grows by 5 and cycling by 2 percent. Such a large increase in car travel is likely to affect travel times. The effects estimated by the national model SAMPERS are, however, small. From 0,76 to 0,79 percent longer travel times.

Urbanet (Betanzo et al. 2016, p 20) therefore used numbers given from Tomtom traffic index (Tomtom, 2016) indicating 23 percent extra travel time in peak in Uppsala in 2016 for a sensitivity calculation. If extra travel time increases from about 0,76 percent to 23 percent in 2030 the increase in car trips would not be larger than 19 percent. The other modes are affected as: bus 11 instead of 9

⁸ The Swedish Transport Administration is the Swedish national agency responsible for planning transport infrastructure.

percent, cycle 29 instead of 25 percent and walking 20 instead of 18 percent. Clearly the estimation of congestion is important for the projection of future transport. If congestion increases more than in Trafikverket's forecast this is likely to reduce the increase in car transport and make car users switch to other modes. The national forecast for 2030 does not explicitly model changes in parking supply or prices. Unless Uppsala expands parking spaces, scarcity of parking spaces is likely to shift trips to other modes than cars.

The bus supply and prices in 2030 are modelled as the same as in 2010. Given that the responsibility of Trafikverket has been mainly national infrastructure and not municipal transport this may be a reasonable simplification. If the national demand model is to be used for urban planning this is likely to generate significant misrepresentation. The growing demand for car transport and the following scarcity of parking and to some extent congestion in streets is likely to shift trips to other modes than cars. So is growing crowding in buses. Growing demand for bus transport in cities is, however, also likely to lead to increased supply of bus transport, given the numbers of passengers experiencing high occupation rates in buses.

The 2030 forecast therefore rests on the assumption of almost no congestion, unchanged relative parking supply and fees as well as unchanged public transport supply. In the light of this observation it is less surprising that public transport trips do not grow.

For the reference scenario, the financial costs to the public sector are calculated to be 490 million SEK per year, with 250 million SEK investment costs and 240 operating costs. The additional social costs 222 million SEK per year are mostly costs for public funds and environmental costs due to increased car use.

3.4 Policy instruments – real and modelled

When choosing policy instruments for the case study we looked for those that are available and likely to be chosen by municipalities. What then are possible and likely instruments for influencing total transport demand and choice of mode? The closest at hand is probably to think about making public transport more attractive by lower fares, increased frequencies, faster services and more comfortable vehicles. This is also reflected in Uppsala county's adoption of the doubling goal for public transport. Policies can also be designed to make car travel less attractive by increasing fuel taxes, introducing congestion taxes or parking fees. Of these only parking fees are available to the city. The city may also attempt to influence the construction of new housing, office space and other buildings.

Seven scenarios were analyzed.

- Increasing and introducing parking fees. In zones where there is currently no charge for parking it was assumed that a uniform (low) charge is introduced. This was used as a benchmark together with a demand elasticity with respect to parking price to estimate a response to increased parking fees.
- 2. Concentrating the population growth to two different zones within the city, a central and a more peripheral zone.
- 3. Doubling the frequency of all bus services.

- 4. Halved public transport fares.
- 5. Improving the trunk bus lines by increased frequency and increased speed.
- 6. Improved cycle infrastructure based on the provision of more cycle lanes and cycle paths.
- 7. Finally, a combination of increased parking fees, densification, trunk lines with increased speed and frequency and finally improved cycle infrastructure is modelled.

The effects of the policies are calculated as the difference between the outcome in the reference scenario and the policy scenario. This is done for the number of trips, a schematic financial cost for the public sector (investment in roads, public transport infrastructure and vehicles, operating costs) and social costs.

These calculations do not constitute a full cost-benefit analysis. The welfare gains and losses in terms time and costs associated with particular transport modes and welfare effects due to price effects on the housing market. Particularly, in the densification scenarios it is assumed that owners of existing properties will experience a value reductions as buildings overlooking woodlands, fields and parks will be erected in such land.

4 THE MODELED EFFECTS OF POLICY INSTRUMENTS

The calculated effects on mode split, financial and welfare costs from introducing these policies are presented below (the source is Betanzo et al. 2016).

4.1 Parking fees

Two policy changes are modelled.

- 1. Parking fees are doubled in zones where parking fees are applied today. A fixed parking fee of 10 SEK is introduced in all other zones in the city.
- 2. Parking fees are doubled in zones where parking fees are applied today. A fixed parking fee of 10 SEK is introduced only in zones with workplaces (offices, shops, schools etc.).

The effects are shown below (Diagram 4). Increasing and introducing parking fees on this scale has large effects on mode shares. The first policy reduces share of car trips in the city from 48 to 32 percent. The other three modes increase their shares roughly proportionately, walking from 18 to 23 by cycling from 25 to 33 and public transport from 9 to 12 percent. The second more moderate increase in the number of zones were parking fees are introduced sees a decrease in the share of car trips from 48 to 38 percent. The share of walking increases from 18 to 21 percent, cycling from 25 to 30, whereas the share of public transport increases from 9 to 11 percent.



Diagram 4 Mode shares in Uppsala 2030, reference and parking policies

Turning now to financial and social costs (Diagram 5). The financial costs turn out to be substantially lower for the parking policies than for the reference scenario, as these generate much less road transport and the increase in public transport does not pose a comparable financial burden. The second parking policy is less costly to car drivers and hence induces less reduction of car use. Therefore, the need for new road investment and maintenance is not reduced as much.



Diagram 5 Financial and social costs for reference case and parking fee scenarios in millions of SEK per year

4.2 A denser development of the city

Two stylized strategies for the land use and building are analyzed.

- 1. In the first all new housing is assumed to be built in the six innermost zones of Uppsala (Diagram 6). This plan disregards preferences for building outside the center and assumes that there is sufficient demand for building in the center.
- 2. The second strategy assumes that all new housing is built in five peripheral zones.



Diagram 6 Central development and peripheral development in Uppsala



Diagram 7 Mode shares in Uppsala 2030, reference and central densification of housing

The effects shown above in Diagram 7 are only the effects of the first strategy if all new housing is built centrally. Both strategies are compared to the development of where the population growth is going to be located assumed in the reference scenario produced by Statistics Sweden. Compared to this reference scenario the scenario with densification in the central zones has strong effects on mode shares. This policy reduces car use in the city by 17 percent. The other three modes share the redistributed travel, increasing walking by 11 cycling by 5,6 and public transport by 22 percent. In the case of more peripheral densification in the city, car use also decreases by 17 percent. In this case, however, bus takes a larger share by increasing with 44 percent. Walking and cycling increase by 5,6 and 12 percent.

The calculable financial and social costs for a denser city decrease for a denser city as the need for expanding road space decreases more than the need for new bus supply and infrastructure for walking and cycling increases. Financial costs decrease from 490 to 380 million SEK and social cost decrease from 222 to 170 million SEK.

4.3 Doubled frequency in the bus network

This is one of the intuitively attractive strategies to use to increase ridership with public transport. Increased frequency will reduce waiting times at bus stops, reduce the number of passengers who will be standing and less passengers per buss will lead to less time losses for boarding and alighting. The calculations presented below in Diagram 8, considers reduced waiting times and crowding, but not less delays.



Diagram 8 Mode shares in Uppsala 2030, reference and doubled frequency of bus departures

The estimated effects are however modest. Demand for bus transport grows by 3,3 percent. Consequently, effects on car use are also small. Car use decreases by less than 1 percent. Effects on walking and cycling are negligible. This huge increase in supply also comes at large cost. A doubled frequency increases the yearly costs to the public purse from 490 million SEK per year to 840 million SEK per year. Social costs increase from 222 to 343 million SEK per year. Total costs increase by with 66 percent.

4.4 Halved public transport fare

Reducing public transport fares may also appear to be an attractive strategy for shifting demand from car use to public transport. In the HUT-analysis this strategy increases the share of public transport trips from 9 to 12 percent (See Diagram 9). This relatively large increase corresponds with an elasticity of demand with respect to price in the magnitude of -0,4. The effects on other modes, and car in particular, are however modest. The share of car trips goes from 48 to 47 percent.

This also comes at a large cost to the public purse, but less so than doubling frequency. Financial costs increase from 490 to 620 million SEK per year and social costs from 222 to 263 million SEK.



Diagram 9 Mode shares in Uppsala 2030, reference and halved public transport fares

4.5 Improved trunk bus system

An alternative to just doubling frequencies or reducing fares is to try to target improvements of bus transport to current car users that are potential public transport users. In studies of systems of trunk lines in e.g. Oslo (Norheim et al. 2012) it has been shown that faster trunk lines (through bus lanes, priority in intersections and increased frequencies) in cities plagued with congestion can attract car users mainly due to time savings.

In Uppsala, this policy was designed by reducing supply in less demanded lines and moving the capacity to the trunk lines. This strategy has small effects on public transport and car use. The improvement was modelled as a removal of all delay valuation and by halving the valuation of time costs for changes.



Diagram 10 Mode shares in Uppsala 2030, reference and improved trunk lines

The share of car trips decreases by one percentage unit and public transport increases by one unit. The two other modes are unchanged. Costs to the public purse are reduced from 490 to 430 and total costs go down by 11 percent.

4.6 Improved cycle infrastructure

Improved cycle infrastructure has a potential to attract more cycle use. Our simulation suggests that the share of cycling trips can be increased from 25 to 30 percent. At the same time the share of car trips is reduced from 48 to 45 percent.



Diagram 11 Mode shares in Uppsala 2030, reference and improved cycle infrastructure

Compared to the reference scenario the reduced car use reduces the need for public funding but the costs for cycle infrastructure nearly balances this effect and the net effect is small and consequently net financial costs do not change.

4.7 A package of instruments

Here we analyze a package of instruments. We choose Parking 2 as this is likely to be associated with less welfare loss, densification in the center as this reduces car use more and improved trunk bus lines In this package the following instruments were combined

- 1. The use of increased and extended parking fees in Parking 2
- 2. Concentrating new housing to Uppsala city center
- 3. Improved cycle infrastructure
- 4. Improved trunk bus lines

Diagram 12 shows the effects. There is substantial reduction in the share car trips, from 48 to 27 percent. Most of this reduction is likely to be due to increased parking fees and a denser development. Given such a development however, improving the bus and the cycle network creates a further pull. There is also a

large increase in the share of cycle trips, from 25 to 39 percent (55). The share of bus trips goes from 9 to 13 percent (44) which is the largest increase of the share of bus trips in any scenario.



Diagram 12 Mode shares in Uppsala 2030, reference and package

The costs for the package are the lowest of all strategies. The financial costs are somewhat higher in the parking 2 scenario, but the social costs are lower. The lower social costs can partly be attributed to an even lower car use than in the parking 2 scenario generating lower emissions.

4.8 Strategies compared

In Diagram 13 the strategies have been ranked by the share of car trips. The strategy implying the lowest share of car use is the package. Sorting by the share of public transport trips from high to low also gives the package as the largest share. In this case followed by the halved bus fares policy.

Only parking fees and denser development give larger effects on the share of car trips. For increasing the share of public transport the package scores highest. Correspondingly, sorting by the share of the sum of cycle and walking, we also find the package having the largest effect. In this case followed by the parking policy.

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Diagram 13 Mode shares in Uppsala 2030, compared

It is useful to compare the policies for financial and social costs in Diagram 14. Do however, remember that in this comparison we have not been able to quantify the costs to households in terms of welfare losses from a denser development of housing nor from increased parking fees. Given this qualification, our comparison suggests that the package also delivers the shift in transport choices at the lowest total social costs. The costs for the parking and the denser development, taken in isolation, come at similar cost. At the other end of the spectrum increasing frequency or reducing fares taken without complementary policies appear to be highly costly.

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Diagram 14 Financial and social costs for strategies in Uppsala 2030, compared millions of SEK yearly

5 DISCUSSION

The HUT-model is a simplified model for faster analysis of strategies and for handling congestion, crowding and walking and cycling, dimensions which either are not handled at all or handled only summarily by current Scandinavian transport demand models. The model is applied to Uppsala to demonstrate how the effectiveness and costs of different policy instruments can be analyzed. At this stage the model does not give a full cost benefit evaluation of the studied policy instruments.

The current HUT-model represents relationships of congestion, crowding and cycling by the following simplifying assumptions. Two assumptions of congestion growth are used. For the reference scenario in 2030 the congestion level estimated with the Swedish national transport demand model is used. This scenario implies very small amounts of congestion and car trips are forecasted to grow by 42 percent. Such a large growth in car trips is however likely to have significant effects on scarcity of parking and congestion in streets. Therefore, a sensitivity analysis is reported with travel times in peak increasing by 28 percent. Using this assumption, the growth of car trips is estimated to stop at 19 percent while the demand for other modes grow more. This shows the importance of doing realistic projections of congestion growth.

Parking costs are implemented by introducing arbitrarily chosen parking fees below the current lowest levels, where there currently are no charges, and by doubling current levels. These parking fees are arbitrary in the sense that they are not based on estimations of alternative costs for land use or scarcity of parking space. Ideally, such parking fees should reflect the cost for the best alternative use of the space used for parking and scarcity of parking in peak. Such estimates would require a land use model reflecting other potential uses of land and a parking demand model.

In the scenario with a densification of the city new housing is assumed to be located in the six innermost zones. Imposing such planning restrictions substantially shifts transport demand in the HUT-model. This result, however, hinges critically on the assumption that the new inhabitants start behaving like the current inhabitants. Later research emphasize that this is not necessarily the case. If new inhabitants bring more car using habits the effects will be smaller (e.g. van Wee and Handy 2014). This policy is not based on estimates or assessments of how much this will increase housing costs and hence these costs have not been traded off against the gains from less car traffic.

The improved bus trunk line system is assumed to consist of priority in the streets and a doubled frequency, along with a reduction of supply in other lines. This is assumed to eliminate costs for delays and crowding, thereby increasing demand. The time values are however so small in Uppsala that no significant increases in demand result from this measure. In the doubling of supply scenario only the elimination of waiting time is assumed.

If traffic intensity varies between different time periods, the subjective perceptions of danger and comfort are also likely to vary. The heterogeneous nature of cycle conditions and subjective perceptions of danger and comfort makes for more demanding planning, requiring planners to identify critical parts of the infrastructure to improve. In the simulation of the effects of improvement of cycle infrastructure a uniform elasticity was used. This is primarily intended as an illustration of what could happen if cycle demand is responsive to appropriate changes of the quality of cycle infrastructure. The main result is that increases in cycling trips mainly attract walking trips and car trips.

The results show that it is possible to achieve a substantial shift from car use to other modes. When the shift goes from car to walking and cycling it is clearly a shift towards less emission and less congestion. A shift from car to public transport also means less emissions, given that the trip takes place in a public transport vehicle that has at least a minimum occupation.

The effects of higher parking fees and denser housing development may have considerable indirect effects. Increasing parking fees imposes welfare losses on car users. If congestion is present, pricing congestion would be an ideal (first best) solution. If introducing a congestion pricing system is very costly the parking pricing may be an attractive second best solution. Optimal parking fees would require balancing the social marginal cost of land use, effects on congestion and welfare losses to drivers.

For denser housing development, the indirect costs are higher building costs which will lead to higher rents for apartments. Denser cities also influence housing and real estate markets and thereby prices in different locations. This triggers adaptions in the choice of location and a "sorting" of inhabitants. These adaptions are likely to have significant welfare consequences that are not modeled here.

If the negative welfare effects of using these instruments exceed the benefits from reducing car use, then they may not be justified. The conclusion on sustainability is therefore undecided as the full effects on household welfare and welfare distribution have not been analyzed.

The analysis also suggests that higher parking fees and a denser development in Uppsala will entail considerably less costs, than simple frequency increases in bus frequency or halving of bus fares.

Comparing all policy instruments taken individually, a policy package and a reference scenario, the results were that the package delivered the largest reduction in the share car trips, the largest increase in the share of walking and cycling taken together and the largest increase in the share of public transport. This strategy also comes at the lowest calculable social costs.

A, perhaps surprising, result is that increased application of and levels of parking fees and denser development, shifts car use more to walking and cycling than to public transport. If this is a true reflection of citizen's preferences, then cities should perhaps look harder at what kinds of infrastructure for walking and cycling is likely to promote these modes.

Ideally, a model of this type, could be designed to calculate the cost benefit differences between two alternative scenarios. Some important obstacles have still to be overcome.

- There is no model for representing how congestion grows. Neither is there a representation of the relative preferences for the demand for car travel with congestion.
- There is neither a current planning model for crowding in buses nor for preferences for demand for bus travel with congestion.
- Parking and its alternative costs in terms land use and the scarcity of parking space is not well known

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- There are few good estimates of the willingness to pay and demand responses to improvements in cycle infrastructure
- The effects of from denser development on housing and real estate prices and on welfare and welfare distribution are not well known.

6 CONCLUSION

This paper examines the potential and current limitations of using a simplified model – the HUT-model - for strategic urban planning in Scandinavia. The trials indicate that it works fast and gives intuitively reasonable results in terms of mode splits. It is important to note that a large share of trips within the city of Uppsala is done by walking and cycling, but that car use still accounts for a substantial share (40 percent) of trips in 2010. The model simulations indicate that simple increases in the supply of public transport or reduction of fares may not be effective in reducing demand for car transport in cities of the size of Uppsala. Reducing fares increases public transport ridership but has limited effects on demand for car transport. The most powerful of the studied instruments to reduce car transport in Uppsala are increased parking fees and a denser development of housing. The most powerful instruments are also those associated with the lowest costs for building and operating infrastructure and public transport. An even more powerful strategy is to combine the best instruments.

An important qualification for using these results is that the welfare effects from parking pricing and denser development on welfare and welfare distribution are not well known.

Even though this is a partial model it indicates that there is a potential for using a simplified strategic model for covering effects not covered by current transport planning models in Norway and Sweden, while considering effects on quality and keeping an eye on costs.

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